

**Michael J. Benjamin, MD, FACOG**

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Hours: Monday – Friday 8:30am – 5:30pm and Saturdays 8am – 12pm

Ph: (954) 720-7777 | Fax: (954) 726-2896

After Hours, for **Emergencies only**, call: 954-790-7770

**Non-Surgical Mifeprex/Misoprostol Abortion Process**

**Please read these forms carefully and complete and sign all paperwork and consents prior to your examination. You must present a valid photo ID.**

After completion of the paperwork, an ultrasound evaluation will be performed for fetal dating. The non-surgical option is only available up to 10 weeks gestation, as documented from our ultrasound measurements, TODAY. Beyond 10 weeks, a surgical procedure is available through 24 weeks gestation in the state of Florida.

Once the ultrasound and your lab work is completed, the process will be fully explained, and you may begin the abortion process. If you choose to proceed, you will be provided with one (1) 200 mg. tablet of Mifeprex and a glass of water, with which to take it. This dose is taken in our office and the event will be documented. Do not consume alcohol for the following 72 hours. You will be provided with the Mifeprex medication guide. You will also be given a medication bottle containing four (4) tablets of Misoprostol to take home with you. Make plans to stay home the following day.

**Mifeprex (RU-486) Taken orally on: Date: \_\_\_\_\_ at \_\_\_\_\_ am / pm**

**The following morning** have a light meal, and begin to take your medications.

**One hour before you take the Misoprostol**, take the pain reliever prescribed (Tylenol III).

**Insert Misoprostol buccally on: Date: \_\_\_\_\_ at \_\_\_\_\_ am / pm**

Approximately 24 hours after you took the Mifeprex, you should begin the second stage of medication, using the Misoprostol that was provided to you. You will need to place the four (4) tablets of Misoprostol between your cheeks and gums to dissolve. You may swallow normally as they dissolve, but do not swallow the tablets whole, and do not spit them out. You may experience **heavy bleeding and severe, painful, cramping** within hours after the Misoprostol tablets dissolve. You may use full size/maxi sanitary napkins, (NOT TAMPONS). Cramping may get very strong and quite painful. A non-aspirin pain reliever (Tylenol III #6, depending on allergies) will be given to you to help relieve the discomfort. The pain medication is to reduce the discomfort, and may not fully relieve the pain. Take this medication as directed. The bleeding may get quite heavy and the discomfort may get quite severe, but both should gradually subside within a matter of hours.

**YOUR FOLLOW UP APPOINTMENT IS on: \_\_\_\_\_ at \_\_\_\_\_ am / pm**

**Call 954-720-7777 IF YOU EXPERIENCE ANY OF THE FOLLOWING:**

- **Soaking two (2) or more** maxi pads per hour for two (2) consecutive hours.
- **Sustained fever** (temperature greater than 101.0 degrees Fahrenheit) **or onset of fever after inserting Misoprostol.**
- Abdominal pain or discomfort, “feeling sick” including weakness, nausea, vomiting or diarrhea more than 24 hours after using Misoprostol.

**I have received, read and understood the instructions above. I agree to take all medication according to the instructions. I understand I must attend a follow up visit, and I will attend it.**

\_\_\_\_\_  
**Patient Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Staff Witness**

\_\_\_\_\_  
**Date**